



Pilgrim
LUTHERAN
Church

Lent Mid-Week: Lent 4
March 18, 2026



I AM with You: Moving from Ashes to Resurrection

Welcome

Opening Hymn

What Wondrous Love is This



1 What won-drous love is this, O my soul, O my soul! What
2 When I was sink - ing down, sink-ing down, sink-ing down, when
3 To God and to the Lamb I will sing, I will sing; to
4 And when from death I'm free, I'll sing on, I'll sing on; and



won - drous love is this, O my soul! What won-drous love is this
I was sink - ing down, sink-ing down, when I was sink - ing down
God and to the Lamb I will sing; to God and to the Lamb,
when from death I'm free, I'll sing on; and when from death I'm free,



that caused the Lord of bliss to bear the dread-ful curse for my
be - neath God's righ-teous frown, Christ laid a - side his crown for my
who is the great I AM, while mil - lions join the theme, I will
I'll sing God's love for me, and through e - ter - ni - ty I'll sing



soul, for my soul, to bear the dread-ful curse for my soul?
soul, for my soul, Christ laid a - side his crown for my soul.
sing, I will sing, while mil - lions join the theme, I will sing.
on, I'll sing on; and through e - ter - ni - ty I'll sing on.

Invocation

Opening Versicles

P: This is the day which the Lord has made;

C: let us rejoice and be glad in it.

P: From the rising of the sun to its setting,
C: the name of the Lord is to be praised.

P: Return to the Lord, your God, for He is gracious and merciful,
C: slow to anger, and abounding in steadfast love, and repents of evil.

P: Jesus said: If any man would come after Me,
C: let him deny himself and take up his cross and follow Me.

P: Christ was wounded for our transgressions.
C: He was bruised for our iniquities.

P: From the rising of the sun to its setting,
C: the name of the Lord is to be praised.

C: Glory be to the Father and to Son and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

The Sign of Peace

The peace of the Lord be with you all.
And also with you.

Collect of the Day

P: Almighty God, our heavenly Father, Your mercies are new every day; and though we deserve only punishment, You receive us as Your children and provide for all our needs of body and soul. Grant that we may heartily acknowledge Your merciful goodness, give thanks for all Your benefits, and serve You in willing obedience; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

Psalms 116

Read Responsively

I love the LORD, because he has heard
my voice and my pleas for mercy.

**2 Because he inclined his ear to me,
therefore I will call on him as long as I live.**

3 The snares of death encompassed me;
the pangs of Sheol laid hold on me;
I suffered distress and anguish.

**4 Then I called on the name of the LORD:
“O LORD, I pray, deliver my soul!”**

5 Gracious is the LORD, and righteous;
our God is merciful.

**6 The LORD preserves the simple;
when I was brought low, he saved me.**

7 Return, O my soul, to your rest;
for the LORD has dealt bountifully with you.

**8 For you have delivered my soul from death,
my eyes from tears,
my feet from stumbling;**

9 I will walk before the LORD
in the land of the living.

Holy Gospel

The Holy Gospel according to St. John, the eleventh chapter.
Glory to You, O Lord!

17 Now when Jesus came, he found that Lazarus had already been in the tomb four days. 18 Bethany was near Jerusalem, about two miles off, 19 and many of the Jews had come to Martha and Mary to console them concerning their brother. 20 So when Martha heard that Jesus was coming, she went and met him, but Mary remained seated in the house. 21 Martha said to Jesus, "Lord, if you had been here, my brother would not have died. 22 But even now I know that whatever you ask from God, God will give you." 23 Jesus said to her, "Your brother will rise again." 24 Martha said to him, "I know that he will rise again in the resurrection on the last day." 25 Jesus said to her, "I am the resurrection and the life. Whoever believes in me, though he die, yet shall he live, 26 and everyone who lives and believes in me shall never die. Do you believe this?" 27 She said to him, "Yes, Lord; I believe that you are the Christ, the Son of God, who is coming into the world."

28 When she had said this, she went and called her sister Mary, saying in private, "The Teacher is here and is calling for you." 29 And when she heard it, she rose quickly and went to him. 30 Now Jesus had not yet come into the village, but was still in the place where Martha had met him. 31 When the Jews who were with her in the house, consoling her, saw Mary rise quickly and go out, they followed her, supposing that she was going to the tomb to weep there. 32 Now when Mary came to where Jesus was and saw him, she fell at his feet, saying to him, "Lord, if you had been here, my brother would not have died." 33 When Jesus saw her weeping, and the Jews who had come with her also weeping, he was deeply moved in his spirit and greatly troubled. 34 And he said, "Where have you laid him?" They said to him, "Lord, come and see." 35 Jesus wept. 36 So the Jews said, "See how he loved him!" 37 But some of them said, "Could not he who opened the eyes of the blind man also have kept this man from dying?"

38 Then Jesus, deeply moved again, came to the tomb. It was a cave, and a stone lay against it. 39 Jesus said, "Take away the stone." Martha, the sister of the dead man, said to him, "Lord, by this time there will be an odor, for he has been dead four days." 40 Jesus said to her, "Did I not tell you that if you believed you would see the glory of God?" 41 So they took away the stone. And Jesus lifted up his eyes and said, "Father, I thank you that you have heard me. 42 I knew that you always hear me, but I said this on account of the people standing around, that they may believe that you sent me." 43 When he had said these things, he cried out with a loud voice, "Lazarus, come out." 44 The man who had died came out, his hands and feet bound with linen strips, and his face wrapped with a cloth. Jesus said to them, "Unbind him, and let him go."

This is the Gospel of our Lord. **Praise to you, O Christ.**

Responsory

P: We have an advocate with the Father; Jesus Christ, the Righteous One.

C: He was delivered up to death; He was delivered for the sins of the people.

P: Blessed is the one whose transgression is forgiven, whose sin is covered.

C: He was delivered up to death; He was delivered for the sins of the people.

P: We have an advocate with the Father; Jesus Christ, the Righteous One.

C: He was delivered up to death; He was delivered for the sins of the people.

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.

Message

Pastor Lew Upchurch

I AM the Resurrection and the Life

Prayer

P: In peace let us pray to the Lord:

C: Lord, have mercy.

P: For the gift of divine peace and of pardon, with all our heart and with all our mind, let us pray to the Lord:

C: Lord, have mercy.

P: For the Holy Christian Church, here and scattered throughout the world, and for the proclamation of the Gospel and the calling of all to faith, let us pray to the Lord:

C: Lord, have mercy.

P: For this nation, for our cities and communities, and for the common welfare of us all, let us pray to the Lord:

C: Lord, have mercy.

P: For seasonable weather and for the fruitfulness of the earth, let us pray to the Lord:

C: Lord, have mercy.

P: For those who labor, for those whose work is difficult or dangerous, and for all who travel, let us pray to the Lord:

C: Lord, have mercy.

P: For all those in need, for the hungry and homeless, for the widowed and orphaned, and for all those in prison, let us pray to the Lord:

C: Lord, have mercy.

P: For the sick and dying and for all those who care for them, let us pray to the Lord:

C: Lord, have mercy.

P: Finally, for these and for all our needs of body and soul, let us pray to the Lord:

C: Lord, have mercy. Christ have mercy. Lord, have mercy.

Evening Prayer

C: I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have graciously kept me this day; and I pray that You would forgive me all my sins where I have done wrong, and graciously keep me this night. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen.

Blessing

P: Let us bless the Lord

C: Thanks be to God.

P: The almighty and merciful Lord, the Father, the Son, and the Holy Spirit, bless and preserve you.

C: Amen

Closing Hymn

I Love the Lord, for He Has Heard My Voice

1. I love the LORD, for he has heard my voice;
2. An - guish of death en - com-passed me a - bout;
3. Right - eous and grac - ious is the LORD our God,
4. Rest, O my soul; the LORD has blessed you well,

he heard my pleas for mer - cy and for grace.
cords of the grave and ter - ror held me down.
rich in his mer - cy, ten - der in his love.
for you, O LORD, from death re-deemed my soul.

Since he in - clined his ear to my re - quest,
I was dis - tressed. I called up - on his name:
He will pre - serve the sim - ple in their need;
You dried my tears, my stum-bling feet re - stored.

I'll call on him as long as life shall last.
"Res - cue my soul, O LORD my God, I pray."
when I was low, he came and res - cued me.
I'll walk the land of life be - fore the LORD.

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Sermon Notes

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Serving at Worship Today

Preaching & Presiding

Pastor Lew Upchurch

Director of Music

Mary Harper

Upcoming Events



Learn more about all upcoming events at pilgrims.org/calendar

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Pilgrim
L U T H E R A N
Church

Called by the Holy Spirit,
**we are an intergenerational community of
worship and service**
that invites the people of
Santa Monica and beyond
**to flourish in the love of Jesus Christ
through Word and Sacraments.**

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