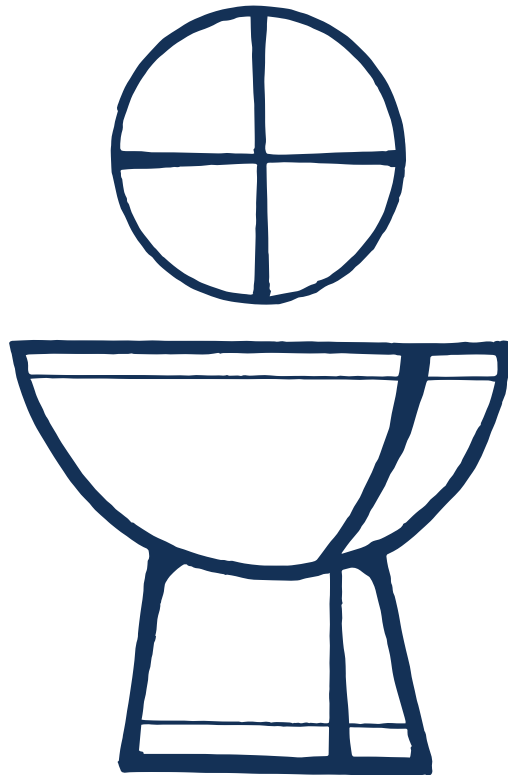




Pilgrim
LUTHERAN
Church

Divine Service



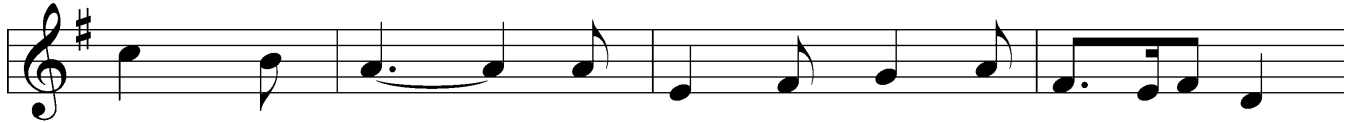
August 18, 2024
13th Sunday after Pentecost

Opening Hymn

O Living Bread from Heaven



1 O liv - ing Bread from heav - en, How well You
2 My Lord, You here have led me To this most
3 You gave me all I want - ed; This food can
4 Lord, grant me then, thus strength - ened With heav'n - ly



feed Your guest! The gifts that You have giv - en
ho - ly place And with Your - self have fed me
death de - stroy. And You have free - ly grant - ed
food, while here My course on earth is length - ened,



Have filled my heart with rest. Oh, won - drous food of
The trea - sures of Your grace; For You have free - ly
The cup of end - less joy. My Lord, I do not
To serve with ho - ly fear. And when You call my



bles - ing, Oh, cup that heals our woes! My heart, this
giv - en What earth could nev - er buy, The bread of
mer - it The fa - vor You have shown, And all my
spir - it To leave this world be - low, I en - ter,



gift pos - sess - ing, With prais - es o - ver - flows.
life from heav - en, That now I shall not die.
soul and spir - it Bow down be - fore Your throne.
through Your mer - it, Where joys un - min - gled flow.

Tune and text: Public domain

Confession and Forgiveness

The assembly stands. The sign of the cross may be made by all in remembrance of their Baptism.

In the name of the Father, and of the + Son, and of the Holy Spirit.
Amen.

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord.

Amen.

If we say we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God who is faithful and just will forgive our sins and cleanse us from all unrighteousness.

Silence for reflection and self-examination.

Most merciful God,

We confess that we are in bondage to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen

The minister stands and addresses the congregation.

Almighty God, in his mercy, has given his Son to die for us and, for his sake, forgives us all our sins. As a called and ordained minister of the Church of Christ, and by his authority, I therefore declare to you the entire forgiveness of all your sins, in the name of the Father, and of the + Son, and of the Holy Spirit.

Amen

The Sign of Peace

The peace of the Lord be with you all.
And also with you.

Songs of Praise

Psalm 19

Verse

May the words of my mouth
And the meditations of my heart
Be pleasing to You pleasing to You
May the words of my mouth
And the meditations of my heart
Be pleasing to You my God

Chorus

You're my Rock and my Redeemer
You're the reason that I sing
I desire to be a blessing in Your eyes
Ev'ry hour ev'ry moment
Lord I want to be Your servant
I desire to be a blessing
In Your eyes in Your eyes

Verse

May the words of my mouth
And the meditations of my heart
Be pleasing to You pleasing to You
May the words of my mouth
And the meditations of my heart
Be pleasing to You my God

Chorus

You're my Rock and my Redeemer
You're the reason that I sing
I desire to be a blessing in Your eyes
Ev'ry hour ev'ry moment
Lord I want to be Your servant
I desire to be a blessing
In Your eyes in Your eyes

Ending

May the words of my mouth
And the meditations of my heart
Be pleasing to You my God

Hosanna

Verse 1

Hosanna hosanna
Hosanna in the highest
Hosanna hosanna
Hosanna in the highest

Chorus

Lord we lift up Your name
With hearts full of praise
Be exalted oh Lord my God
Hosanna in the highest

Verse 2

Glory glory
Glory to the King of kings
Glory glory
Glory to the King of kings

Chorus

Lord we lift up Your name
With hearts full of praise
Be exalted oh Lord my God
Glory to the King of kings

Chorus

Lord we lift up Your name
With hearts full of praise
Be exalted oh Lord my God
Hosanna in the highest

Prayer of the Day

The Lord be with you.

And also with you.

Let us pray...

Ever-loving God, your Son gives himself as living bread for the life of the world. Fill us with such a knowledge of his presence that we may be strengthened and sustained by his risen life to serve you continually, through Jesus Christ, our Savior and Lord. **Amen.**

First Reading

Proverbs 9

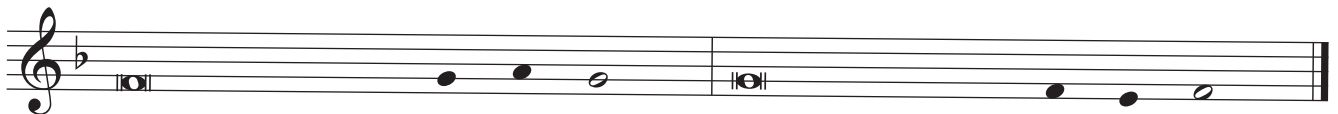
- 1 Wisdom has built her house,
she has hewn her seven pillars.
2 She has slaughtered her animals, she has mixed her wine,
she has also set her table.
3 She has sent out her servant-girls, she calls
from the highest places in the town,
4 "You that are simple, turn in here!"
To those without sense she says,
5 "Come, eat of my bread
and drink of the wine I have mixed.
6 Lay aside immaturity, and live,
and walk in the way of insight."

This is the Word of the Lord. **Thanks be to God.**

Psalm

Psalm 34

Tone



Refrain



Refrain: I will bless the Lord, the Lord at all times.

- 9 Fear the Lord, you saints • of the Lord,
for those who fear the • Lord lack nothing.
**10 The lions are in want and • suffer hunger,
but those who seek the Lord lack nothing • that is good.**

Refrain: I will bless the Lord, the Lord at all times.

11 Come, children, and listen to me;
I will teach you reverence for the Lord.

**12 Who among you takes pleasure in life
and desires long life to enjoy prosperity?**

13 Keep your tongue from evil
and your lips from lying words.

**14 Turn from evil and do good;
seek peace and pursue it.**

**Glory be to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning,
is now, and will be forever. Amen.**

Refrain: I will bless the Lord, the Lord at all times.

Second Reading

Ephesians 5

15 Be careful then how you live, not as unwise people but as wise, 16 making the most of the time, because the days are evil. 17 So do not be foolish, but understand what the will of the Lord is. 18 Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, 19 as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, 20 giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

This is the Word of the Lord. **Thanks be to God.**

Children's Message

Gemma Howsepian

Gospel Acclamation

I will bless the Lord, the Lord at all times.

The Holy Gospel according to St. John, the sixth chapter. **Glory to You, O Lord!**

[Jesus said,] 51 "I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

52 The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" 53 So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. 54 Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; 55 for my flesh is true food and my blood is true drink. 56 Those who eat my flesh and drink my blood abide in me, and I in them. 57 Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. 58 This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever."

The Gospel of the Lord. **Praise to you O Christ.**

Sermon

Rev. Lew Upchurch

Confession of Faith

Apostles' Creed

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried.
He descended into hell.
The third day He rose again from the dead.
He ascended into heaven and sits at the right hand of God
the Father Almighty.
From thence He will come to judge
the living and the dead.**

**I believe in the Holy Spirit,
the holy Christian Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body, +
and the life everlasting. Amen**

Prayers of Intercession

Following each prayer petition:

Merciful God, **receive our prayer.**

Offering

The Sacrament of the Altar

The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

It is indeed our duty and our joy...evermore praising You and saying:

Holy, holy, holy, Lord, God of power and might, Heaven and earth are full of Your glory, Hosanna in the highest. Blessed + is He who comes in the Name of the Lord, Hosanna in the highest.

We proclaim the mystery of faith:

**Christ has died.
Christ is risen.
Christ will come again.**

Words of Institution

The Lord's Prayer

**Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

**Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

O Lamb of God...

Ways to Commune

Intinction – Dipped bread placed into hands or directly in the mouth

Sealed Cups – Gluten-Free in Blue and Alcohol-Free in Pink are available (take to seat, and we will commune together)

Prayer – Approach the communion table with arms crossing your chest

Communion Song

I Am The Bread Of Life

I am the bread of life
You who come to Me shall not hunger
And who believe in Me shall not thirst
No one can come to Me
Unless the Father beckons

And I will raise you up
And I will raise you up
And I will raise you up on the last day

The bread that I will give
Is My flesh for the life of the world
And if you eat of this bread
You shall live forever
You shall live forever

And I will raise you up
And I will raise you up
And I will raise you up on the last day

Unless you eat
of the flesh of the Son of Man
and drink of his blood,
and drink of his blood,
you shall not have life within you.

And I will raise you up
And I will raise you up
And I will raise you up on the last day

I am the resurrection
I am the life
If you believe in Me
Even though you die
You shall live forever

And I will raise you up
And I will raise you up
And I will raise you up on the last day

Yes Lord I believe
That You are the Christ
The Son of God
Who has come
Into the world

And I will raise you up
And I will raise you up
And I will raise you up on the last day

Blessing

Closing Hymn

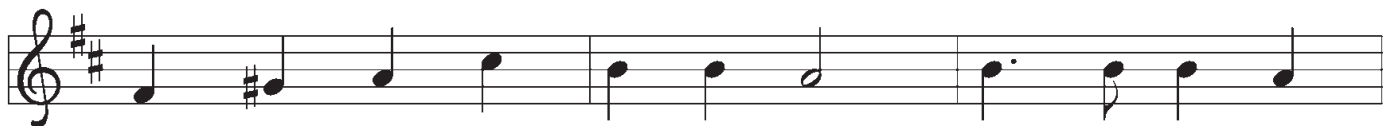
Voices Raised to You



1 Voic - es raised to you we of - fer; tune them, God, for
2 All cre - a - tion joins to praise you; earth and sky your
3 Christ, the song of love in - car - nate, touch - ing earth with
4 Spir - it, flam - ing through cre - a - tion, kin - dle faith with -
5 How can an - y praise we of - fer mea - sure all the



songs of praise. Hearts and hands we bring in trib - ute
works dis - play. Art and mu - sic, gifts you lend us,
heav - en's grace, for your liv - ing, suf - f'ring, dy - ing,
in each heart. Lift our voic - es high in cho - rus;
thanks we owe? Take our hearts and hands and voic - es—



for your gifts through all our days. Al - le - lu - ia!
we re - turn to you to - day. Al - le - lu - ia!
for your ris - ing, hear our praise! Al - le - lu - ia!
through our hands your love im - part. Al - le - lu - ia!
gifts of love we can be - stow. Al - le - lu - ia!



Al - le - lu - ia! Tri - une God, to you we sing!
Al - le - lu - ia! God, cre - a - tor, source of life!
Al - le - lu - ia! Christ, re - deem - er, Lord of life!
Al - le - lu - ia! Spir - it, help - er, breath of life!
Al - le - lu - ia! Tri - une God, to you we sing!

Text: Herman G. Stuempfle Jr., 1923–2007

Music: SONG OF PRAISE, Carolyn Jennings, b. 1936

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Announcements

Step by Step

O God You are my God
And I will ever praise You
O God You are my God
And I will ever praise You
I will seek You in the morning
And I will learn to walk in Your ways
And step by step You'll lead me
And I will follow You all of my days

*Please use the basket in the Narthex to dispose of your used Holy Communion Cups as you
leave the Sanctuary*

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Serving at Worship Today

Preaching & Presiding

Rev. Lew Upchurch

Director of Music

Mary Harper

Reader

Matthew Wittrock

Greeters

Ushers

Acolytes

Upcoming Events



Learn more about all upcoming events at pilgrimsm.org/calendar

Pilgrim Giving



Your faithful financial stewardship is as important as ever. We will be creating cards with QR code to access online giving.

Serve at Pilgrim



Interested in serving at Pilgrim? Scan the QR code or go to <https://pilgrims.org/serve-at-divine-service/> to complete an information form. We will contact you when trainings are scheduled for various service opportunities.

Happening this Week

Sunday, August 18

Bible Study, 8:30 am
Divine Service, 10:00 am

Monday, August 19

Alpha Prayers, 9:00 am
Online

Contact Barbara P. to join.

Tuesday, August 20

Wednesday, August 21

Thursday, August 22

Friday, August 23

Saturday, August 24



Pilgrim
L U T H E R A N
Church

Called by the Holy Spirit,
**we are an intergenerational community of
worship and service**
that invites the people of
Santa Monica and beyond
**to flourish in the love of Jesus Christ
through Word and Sacraments.**

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