



**Pilgrim**  
LUTHERAN  
**Church**

## Divine Service



**August 11, 2024**  
**12th Sunday after Pentecost**

# Opening Hymn

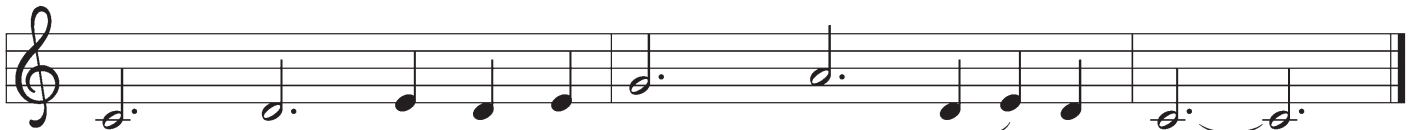
## Baptized in Water



1 Bap - tized in wa - ter, sealed by the Spir - it, cleansed by the  
2 Bap - tized in wa - ter, sealed by the Spir - it, dead in the  
3 Bap - tized in wa - ter, sealed by the Spir - it, marked with the



blood of Christ our king: heirs of sal - va - tion, trust - ing his  
tomb with Christ our king: one with his ris - ing, freed and for -  
sign of Christ our king: born of the Spir - it, we are God's



prom - ise, faith - ful - ly now God's praise we sing.  
giv - en, thank - ful - ly now God's praise we sing.  
chil - dren; joy - ful - ly now God's praise we sing.

Text: Michael Seward, b. 1932

Music: BUNESSAN, Gaelic tune

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# Confession and Forgiveness

*The assembly stands. The sign of the cross may be made by all in remembrance of their Baptism.*

In the name of the Father, and of the + Son, and of the Holy Spirit.  
**Amen.**

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord.

**Amen.**

If we say we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God who is faithful and just will forgive our sins and cleanse us from all unrighteousness.

*Silence for reflection and self-examination.*

Most merciful God,

**We confess that we are in bondage to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen**

*The minister stands and addresses the congregation.*

Almighty God, in his mercy, has given his Son to die for us and, for his sake, forgives us all our sins. As a called and ordained minister of the Church of Christ, and by his authority, I therefore declare to you the entire forgiveness of all your sins, in the name of the Father, and of the + Son, and of the Holy Spirit.

**Amen**

## The Sign of Peace

The peace of the Lord be with you all.  
**And also with you.**

# Songs of Praise

## Mighty to Save

### Verse 1

Ev'ryone needs compassion  
Love that's never failing  
Let mercy fall on me  
Ev'ryone needs forgiveness  
The kindness of a Saviour  
The hope of nations

### Chorus

Saviour He can move the mountains  
My God is mighty to save  
He is mighty to save  
Forever Author of salvation  
He rose and conquered the grave  
Jesus conquered the grave

### Verse 2

So take me as You find me  
All my fears and failures  
Fill my life again  
I give my life to follow  
Ev'rything I believe in  
Now I surrender

### Chorus

Saviour He can move the mountains  
My God is mighty to save  
He is mighty to save  
Forever Author of salvation  
He rose and conquered the grave  
Jesus conquered the grave

### Bridge

Shine your light and let the whole world see  
We're singing  
For the glory of the risen King  
Jesus  
Shine your light and let the whole world see  
We're singing  
For the glory of the risen King

### Chorus

Saviour He can move the mountains  
My God is mighty to save  
He is mighty to save  
Forever Author of salvation

He rose and conquered the grave  
Jesus conquered the grave

### **Ending**

Ev'ryone needs compassion  
Love that's never failing  
Let mercy fall on me

## **Amazing Grace (My Chains are Gone)**

### **Verse 1**

Amazing grace how sweet the sound  
That saved a wretch like me  
I once was lost but now I'm found  
Was blind but now I see

### **Verse 2**

'Twas grace that taught my heart to fear  
And grace my fears relieved  
How precious did that grace appear  
The hour I first believed

### **Chorus**

My chains are gone I've been set free  
My God my Savior has ransomed me  
And like a flood His mercy rains  
Unending love amazing grace

### **Verse 3**

The Lord has promised good to me  
His word my hope secures  
He will my shield and portion be  
As long as life endures

### **Chorus**

My chains are gone I've been set free  
My God my Savior has ransomed me  
And like a flood His mercy rains  
Unending love amazing grace

### **Verse 4**

The earth shall soon dissolve like snow  
The sun forbear to shine  
But God who called me here below  
Will be forever mine  
Will be forever mine  
You are forever mine

# Prayer of the Day

The Lord be with you.  
**And also with you.**

Let us pray...

Gracious God, your blessed Son came down from heaven to be the true bread that gives life to the world. Give us this bread always, that he may live in us and we in him, and that, strengthened by this food, we may live as his body in the world, through Jesus Christ, our Savior and Lord. **Amen.**

## First Reading

### 1 Kings 19

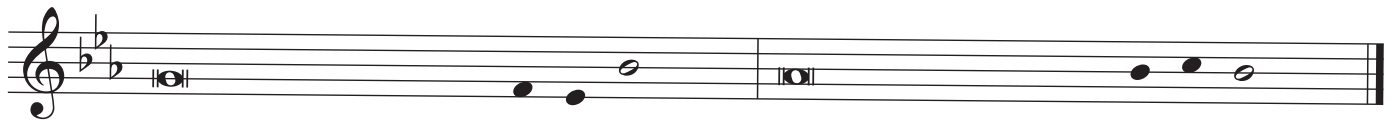
4 [Elijah] went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O Lord, take away my life, for I am no better than my ancestors." 5 Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." 6 He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. 7 The angel of the Lord came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." 8 He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

This is the Word of the Lord. **Thanks be to God.**

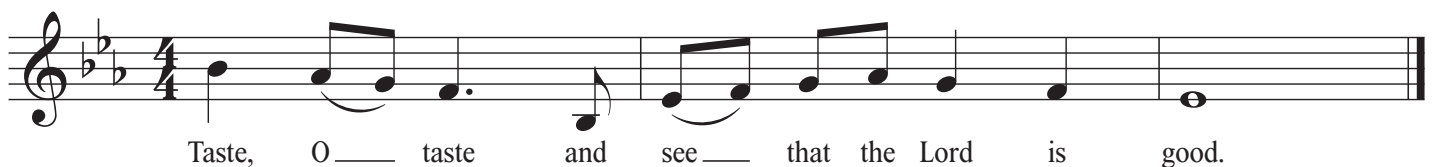
## Psalm

### Psalm 34

#### Tone



#### Refrain



**Refrain: Taste, O taste and see that the Lord is good.**

1 I will bless the Lord • at all times;  
the praise of God shall ever be • in my mouth.

**2 I will glory • in the Lord;  
let the lowly hear • and rejoice.**

3 Proclaim with me the greatness • of the Lord;  
let us exalt God's • name together.

**4 I sought the Lord, who • answered me  
and delivered me from • all my terrors.**

**Refrain: Taste, O taste and see that the Lord is good.**

5 Look upon the Lord • and be radiant,  
and let not your faces • be ashamed.

**6 I called in my affliction, and • the Lord heard me  
and saved me from • all my troubles.**

7 The angel of the Lord encamps around those who • fear the Lord  
and de- • livers them.

**8 Taste and see that the • Lord is good;  
happy are they who take ref- • uge in God!**

**Glory be to the Father and • to the Son  
and to the Holy • Spirit;  
as it was in the be - • ginning,  
is now, and will be forever. • Amen.**

**Refrain: Taste, O taste and see that the Lord is good.**

## Second Reading

### Ephesians 4

25 So then, putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. 26 Be angry but do not sin; do not let the sun go down on your anger, 27 and do not make room for the devil. 28 Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. 29 Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. 30 And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. 31 Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, 32 and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. 5:1 Therefore be imitators of God, as beloved children, 2 and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

This is the Word of the Lord. **Thanks be to God.**

## Gospel Acclamation

**Taste, O taste and see that the Lord is good.**

The Holy Gospel according to St. John, the sixth chapter. **Glory to You, O Lord!**

35 Jesus said to [the crowd,] "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

41 Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." 42 They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" 43 Jesus answered them, "Do not complain among yourselves. 44 No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. 45 It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. 46 Not that anyone has seen the Father except the one who is from God; he has seen the Father. 47 Very truly, I tell you, whoever believes has eternal life. 48 I am the bread of life. 49 Your ancestors ate the manna in the wilderness, and they died. 50 This is the bread that comes down from heaven, so that one may eat of it and not die. 51 I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

The Gospel of the Lord. **Praise to you O Christ.**

## Sermon

**Rev. Seth Moorman**

**"Don't Choke on the Bread"**

## Confession of Faith

### Apostles' Creed

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, His only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried.  
He descended into hell.  
The third day He rose again from the dead.**



**He ascended into heaven and sits at the right hand of God the Father Almighty.  
From thence He will come to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy Christian Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body, +  
and the life everlasting. Amen**

## Prayers of Intercession

*Following each prayer petition:*

Merciful God, **receive our prayer.**

## Offering

## The Sacrament of the Altar

The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give our thanks and praise.**

It is indeed our duty and our joy...evermore praising You and saying:

**Holy, holy, holy, Lord, God of power and might, Heaven and earth are full of Your glory, Hosanna in the highest. Blessed + is He who comes in the Name of the Lord, Hosanna in the highest.**

We proclaim the mystery of faith:  
**Christ has died.  
Christ is risen.  
Christ will come again.**

## Words of Institution

### The Lord's Prayer

**Our Father, who art in heaven,  
hallowed be thy name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread;  
and forgive us our trespasses,  
as we forgive those  
who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.**

### O Lamb of God...

## Ways to Commune

**Intinction** – Dipped bread placed into hands or directly in the mouth

**Sealed Cups** – Gluten-Free in Blue and Alcohol-Free in Pink are available (take to seat, and we will commune together)

**Prayer** – Approach the communion table with arms crossing your chest

## Communion Songs

### Breathe

#### Verse

This is the air I breathe  
This is the air I breathe  
Your holy presence living in me  
This is my daily bread  
This is my daily bread  
Your very word spoken to me

**Chorus**

And I I'm desperate for You  
And I I'm lost without You

**We Exalt Thee****Chorus**

We exalt Thee  
We exalt Thee  
We exalt Thee oh Lord

**Verse**

For Thou oh Lord art high above all the earth  
Thou art exalted far above all the earth  
For Thou oh Lord art high above all the earth  
Thou art exalted far above all the earth

**Chorus**

We exalt Thee  
We exalt Thee  
We exalt Thee oh Lord

# Blessing

## Closing Hymn

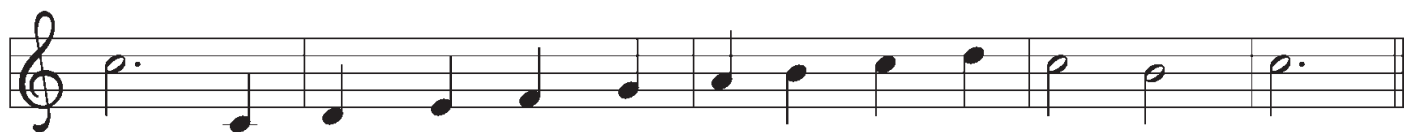
### On What Has Now Been Sown



1 On what has now been sown your bless-ing Lord, be - stow; the  
2 To you our wants are known, from you are all our pow'rs; ac -  
3 Oh, grant that each of us, now met be - fore you here, may



pow'r is yours a - lone to make it sprout and grow. O Lord, in  
cept what is your own and par-don what is ours. Our prais - es,  
meet to - geth - er thus when you and yours ap - pear, and fol - low



grace the har - vest raise, and yours a - lone shall be the praise!  
Lord, and prayers re - ceive and to your word a bless - ing give.  
you to heav'n, our home. E'en so, A - men! Lord Je - sus, come!

Text: John Newton, 1725–1807, alt.

Music: DARWALL'S 148TH, John Darwall, 1731–1789

# Announcements

## He is Exalted

### Verse

He is exalted  
The King is exalted on high  
I will praise Him  
He is exalted forever exalted  
And I will praise His name

### Chorus

He is the Lord  
Forever His truth shall reign  
Heaven and earth  
Rejoice in His holy name  
He is exalted  
The King is exalted on high

*Please use the basket in the Narthex to dispose of your used Holy Communion Cups as you  
leave the Sanctuary*

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# Serving at Worship Today

## **Preaching & Presiding**

Rev. Seth Moorman

## **Director of Music**

Mary Harper

## **Reader**

Mat Mulligan

## **Greeters**

## **Ushers**

## **Acolytes**

# Upcoming Events



**Learn more about all upcoming events at [pilgrimsm.org/calendar](https://pilgrimsm.org/calendar)**

## Pilgrim Giving



Your faithful financial stewardship is as important as ever. We will be creating cards with QR code to access online giving.

## Serve at Pilgrim



Interested in serving at Pilgrim? Scan the QR code or go to <https://pilgrims.org/serve-at-divine-service/> to complete an information form. We will contact you when trainings are scheduled for various service opportunities.

## Happening this Week

### **Sunday, August 11**

Bible Study, 8:30 am  
Divine Service, 10:00 am

### **Monday, August 12**

Alpha Prayers, 9:00 am  
*Online*

*Contact Barbara P. to join.*

### **Tuesday, August 13**

### **Wednesday, August 14**

### **Thursday, August 15**

### **Friday, August 16**

### **Saturday, August 10**



**Pilgrim**  
L U T H E R A N  
**Church**

Called by the Holy Spirit,  
**we are an intergenerational community of  
worship and service**  
that invites the people of  
Santa Monica and beyond  
**to flourish in the love of Jesus Christ  
through Word and Sacraments.**

**Mathew Mulligan**

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