



Pilgrim
LUTHERAN
Church

Divine Service



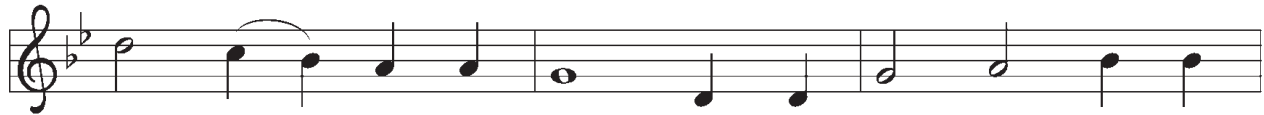
August 4, 2024
11th Sunday after Pentecost

Opening Hymn

Lord, Enthroned in Heavenly Splendor



1 Lord, en - throned in heav'n - ly splen - dor, first - be -
2 Though the low - liest form now veil you as of
3 Pas - chal Lamb, your of - f'ring, fin - ished once for
4 Life - im - part - ing heav'n - ly man - na, strick - en



got - ten from the dead, you a - lone, our strong de -
old in Beth - le - hem, here as there your an - gels
all when you were slain, in its full - ness un - di -
rock with stream - ing side, heav'n and earth with loud ho -



fend - er, lift - ing up your peo - ple's head. Al - le -
hail you, branch and flow'r of Jes - se's stem. Al - le -
min - ished shall for - ev - er - more re - main, Al - le -
san - na wor - ship you, the Lamb who died, Al - le -



lu - ia, al - le - lu - ia, al - le - lu - ia! Je - sus, true and
lu - ia, al - le - lu - ia, al - le - lu - ia! We in wor - ship
lu - ia, al - le - lu - ia, al - le - lu - ia! cleans - ing souls from
lu - ia, al - le - lu - ia, al - le - lu - ia! ris'n, as - cend - ed,



liv - ing bread! Je - sus, true and liv - ing bread!
join with them; we in wor - ship join with them.
ev - 'ry stain; cleans - ing souls from ev - 'ry stain.
glo - ri - fied; ris'n, as - cend - ed, glo - ri - fied!

Text: George H. Bourne, 1840–1925

Music: BRYN CALFARIA, William Owen, 1814–1893

Confession and Forgiveness

The assembly stands. The sign of the cross may be made by all in remembrance of their Baptism.

In the name of the Father, and of the + Son, and of the Holy Spirit.
Amen.

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord.

Amen.

If we say we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God who is faithful and just will forgive our sins and cleanse us from all unrighteousness.

Silence for reflection and self-examination.

Most merciful God,

We confess that we are in bondage to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen

The minister stands and addresses the congregation.

Almighty God, in his mercy, has given his Son to die for us and, for his sake, forgives us all our sins. As a called and ordained minister of the Church of Christ, and by his authority, I therefore declare to you the entire forgiveness of all your sins, in the name of the Father, and of the + Son, and of the Holy Spirit.

Amen

The Sign of Peace

The peace of the Lord be with you all.
And also with you.

Songs of Praise

Rock of My Salvation

Verse

You are the Rock of my salvation
You are the strength of my life
You are my hope and my inspiration
Lord unto You will I cry

Chorus

I believe in You believe in You
For Your faithful love to me
You have been my help in time of need
Lord unto You will I cleave

Verse

You are the Rock of my salvation
You are the strength of my life
You are my hope and my inspiration
Lord unto You will I cry

Chorus

I believe in You believe in You
For Your faithful love to me
You have been my help in time of need
Lord unto You will I cleave

Verse

You are the Rock of my salvation
You are the strength of my life
You are my hope and my inspiration
Lord unto You will I cry

We Are the Body of Christ

Chorus

One heart one spirit
One voice to praise You
We are the body of Christ
One goal one vision
To see You exalted
We are the body of Christ

Verse

And to this we give our lives
To see You glorified

Chorus

One heart one spirit
One voice to praise You
We are the body of Christ
One goal one vision
To see You exalted
We are the body of Christ

Verse

And to this we give our lives
To see You glorified

Ending

One heart one spirit
One voice to praise You
We are the body of Christ

Prayer of the Day

The Lord be with you.

And also with you.

Let us pray...

O God, eternal goodness, immeasurable love, you place your gifts before us; we eat and are satisfied. Fill us and this world in all its need with the life that comes only from you, through Jesus Christ, our Savior and Lord. **Amen.**

First Reading

Exodus 16

2 The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. 3 The Israelites said to them, "If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

4 Then the Lord said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not."

9 Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the Lord, for he has heard your complaining.'" 10 And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. 11 The Lord spoke to Moses and said, 12 "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.'"

13 In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. 14 When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. 15 When the Israelites

saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the Lord has given you to eat."

This is the Word of the Lord. **Thanks be to God.**

Psalm

Psalm 78

Tone



Refrain

O bread of life from heaven, O food to pilgrims given.

Refrain: O bread of life from heaven, O food to pilgrims given.

23 So God commanded the • clouds above
and opened the • doors of heaven,
**24 raining down manna upon • them to eat
and giving them • grain from heaven.**

Refrain: O bread of life from heaven, O food to pilgrims given.

25 So mortals ate the • bread of angels;
God provided for them • food enough.
**26 The Lord caused the east wind to blow • in the heavens
and powerfully led out • the south wind,**
27 raining down flesh upon • them like dust
and flying birds like the sand • of the seas,
**28 letting them fall in the midst • of the camp
and round a- • bout the dwellings.**
29 So the people ate and • were well filled,
for God gave them • what they craved.

**Glory be to the Father and • to the Son
and to the Holy • Spirit;
as it was in the be - • ginning,
is now, and will be forever. • Amen.**

Refrain: O bread of life from heaven, O food to pilgrims given.

Second Reading

Ephesians 4

1 I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, 2 with all humility and gentleness, with patience, bearing with one another in love, 3 making every effort to maintain the unity of the Spirit in the bond of peace. 4 There is one body and one Spirit, just as you were called to the one hope of your calling, 5 one Lord, one faith, one baptism, 6 one God and Father of all, who is above all and through all and in all.

7 But each of us was given grace according to the measure of Christ's gift. 8 Therefore it is said,

"When he ascended on high he made captivity itself a captive;
he gave gifts to his people."

9 (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? 10 He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) 11 The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, 12 to equip the saints for the work of ministry, for building up the body of Christ, 13 until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. 14 We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. 15 But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, 16 from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

This is the Word of the Lord. **Thanks be to God.**

Children's Message

Andy Ng

Gospel Acclamation

O bread of life from heaven, O food to pilgrims given.

The Holy Gospel according to St. John, the sixth chapter. **Glory to You, O Lord!**

24 When the crowd saw that neither Jesus nor his disciples were [beside the sea,] they themselves got into the boats and went to Capernaum looking for Jesus.

25 When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" 26 Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. 27 Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." 28 Then they said to him, "What must we do to perform the works of God?" 29 Jesus answered them, "This is the work of God, that you believe in him whom he has sent." 30 So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing?" 31 Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" 32 Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. 33 For the bread of God is that which comes down from heaven and gives life to the world." 34 They said to him, "Sir, give us this bread always."

35 Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

The Gospel of the Lord. **Praise to you O Christ.**

Sermon

Rev. Kenneth Frese

Confession of Faith

Apostles' Creed

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried.
He descended into hell.
The third day He rose again from the dead.**

**He ascended into heaven and sits at the right hand of God the Father Almighty.
From thence He will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy Christian Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body, +
and the life everlasting. Amen**

Prayers of Intercession

Following each prayer petition:

Merciful God, **receive our prayer.**

Offering

The Sacrament of the Altar

The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

It is indeed our duty and our joy...evermore praising You and saying:

Holy, holy, holy, Lord, God of power and might, Heaven and earth are full of Your glory, Hosanna in the highest. Blessed + is He who comes in the Name of the Lord, Hosanna in the highest.

We proclaim the mystery of faith:
**Christ has died.
Christ is risen.
Christ will come again.**

Words of Institution

The Lord's Prayer

**Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

O Lamb of God...

Ways to Commune

Intinction – Dipped bread placed into hands or directly in the mouth

Sealed Cups – Gluten-Free in Blue and Alcohol-Free in Pink are available (take to seat, and we will commune together)

Prayer – Approach the communion table with arms crossing your chest

Communion Songs

Bread of Life

Chorus

You are the Bread of Life
You are the Bread of Life
He who comes to Me will never go hungry
And he who believes in Me will never be thirsty
You are the Bread of Life Jesus
You are the Bread of Life

Verse

This is My body that was broken
This is My blood that was shed for you
Take it and eat and drink and remember Me

Chorus

You are the Bread of Life
You are the Bread of Life
He who comes to Me will never go hungry
And he who believes in Me will never be thirsty
You are the Bread of Life Jesus
You are the Bread of Life

Verse

This is My body that was broken
This is My blood that was shed for you
Take it and eat and drink and remember Me

Chorus

You are the Bread of Life
You are the Bread of Life
He who comes to Me will never go hungry
And he who believes in Me will never be thirsty
You are the Bread of Life Jesus
You are the Bread of Life

Let It Rain**Chorus**

Let it rain let it rain
Open the floodgates of Heaven
Let it rain let it rain
Open the floodgates of Heaven

Verse

We feel the rain of Your love
We feel the wind of Your Spirit
And now the heartbeat of Heaven let us hear

Chorus

Let it rain let it rain
Open the floodgates of Heaven
Let it rain let it rain
Open the floodgates of Heaven
Let it rain let it rain

Blessing

Closing Hymn

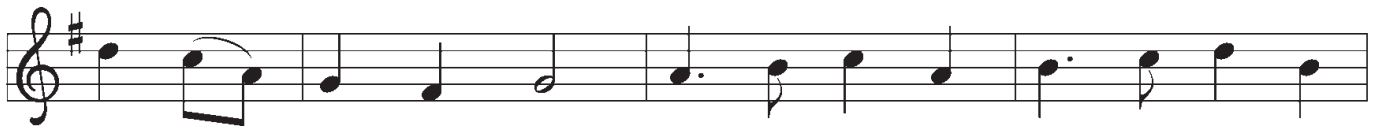
Guide Me Ever, Great Redeemer



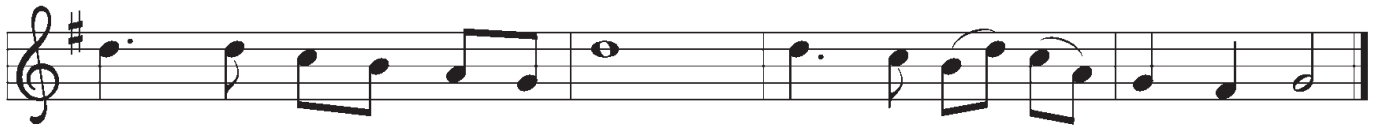
1 Guide me ev - er, great Re - deem - er, pil - grim through this
2 O - pen now the crys - tal foun - tain where the heal - ing
3 When I tread the verge of Jor - dan, bid my anx - ious



bar - ren land. I am weak, but you are might - y; hold me
wa - ters flow; let the fire and cloud - y pil - lar lead me
fears sub - side; death of death and hell's de - struc - tion, land me



with your pow'r - ful hand. Bread of heav - en, bread of heav - en,
all my jour - ney through. Strong de - liv - 'rer, strong de - liv - 'rer,
safe on Ca - naan's side. Songs and prais - es, songs and prais - es



feed me now and ev - er - more, feed me now and ev - er - more.
shield me with your might - y arm, shield me with your might - y arm.
I will raise for - ev - er - more, I will raise for - ev - er - more.

Text: William Williams, 1717–1791; tr. William Williams and Peter Williams, 1722–1796, alt.
Music: CWM RHONDDA, John Hughes, 1873–1932

Announcements

They'll Know We Are Christians By Our Love

Verse 1

We are one in the Spirit
We are one in the Lord
We are one in the Spirit
We are one in the Lord
And we pray that all unity
May one day be restored

Chorus

And they'll know we are Christians
By our love by our love
Yes they'll know we are Christians
By our love

Verse 2

We will walk with each other
We will walk hand in hand
We will walk with each other
We will walk hand in hand
And together we'll spread the news
That God is in our land

Chorus

And they'll know we are Christians
By our love by our love
Yes they'll know we are Christians
By our love

Verse 3

We will work with each other
We will work side by side
We will work with each other
We will work side by side
And we'll guard each man's dignity
And save each man's pride

Chorus

And they'll know we are Christians
By our love by our love
Yes they'll know we are Christians
By our love

Verse 4

All praise to the Father
From whom all things come
And all praise to Christ Jesus
His only Son
And all praise to the Spirit
Who makes us one

Chorus

And they'll know we are Christians
By our love by our love
Yes they'll know we are Christians
By our love

Please use the basket in the Narthex to dispose of your used Holy Communion Cups as you leave the Sanctuary

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Serving at Worship Today

Preaching & Presiding

Rev. Kenneth Frese

Director of Music

Mary Harper

Reader

Carolyn Barbian

Greeters

Ushers

Acolytes

Andy Ng

Upcoming Events



Learn more about all upcoming events at pilgrimsm.org/calendar

Pilgrim Giving



Your faithful financial stewardship is as important as ever. We will be creating cards with QR code to access online giving.

Serve at Pilgrim



Interested in serving at Pilgrim? Scan the QR code or go to <https://pilgrims.org/serve-at-divine-service/> to complete an information form. We will contact you when trainings are scheduled for various service opportunities.

Happening this Week

Sunday, August 4

Bible Study, 8:30 am
Divine Service, 10:00 am

Monday, August 5

Alpha Prayers, 9:00 am
Online

Contact Barbara P. to join.

Tuesday, August 6

Wednesday, August 7

Thursday, August 8

Friday, August 9

Saturday, August 10



Pilgrim
L U T H E R A N
Church

Called by the Holy Spirit,
**we are an intergenerational community of
worship and service**
that invites the people of
Santa Monica and beyond
**to flourish in the love of Jesus Christ
through Word and Sacraments.**

Mathew Mulligan

Media Ministry

Mathew.Mulligan@pilgrimsm.org

Kathy Fjermedal

Church Office

Kathy.Fjermedal@pilgrimsm.org

Mary Harper

Director of Music

Mary.Harper@pilgrimsm.org

office@pilgrimsm.org | 310.829.4113 | pilgrimsm.org

1730 Wilshire Boulevard Santa Monica, CA 90403